

MAIN MEAL SELECTION

Asian Menu

Sample 30-service-day rotation. Final meals and delivery dates are agreed before service begins.

Day	Main meal
1	Chicken Makhani Rice
2	Beef Keema Masala Rice
3	Chicken Biryani Rice
4	Chana Masala Rice (Veg)
5	Beef Meatball Curry Rice
6	Chicken Karahi Rice
7	Beef Keema Peas Rice
8	Chicken Korma Rice
9	Beef Kofta Curry Rice
10	Chicken Pulao Rice
11	Aloo Gobi Rice (Veg)
12	Beef Keema Potato Rice
13	Chicken Tikka Masala Rice
14	Beef Meatball Handi Rice
15	Chicken Curry Rice
16	Beef Keema Spinach Rice
17	Chicken Handi Rice
18	Dal Tadka Rice (Veg)
19	Beef Meatball Masala Rice
20	Chicken Achari Rice
21	Beef Keema Rice
22	Chicken Jalfrezi Rice
23	Beef Meatball Korma Rice
24	Chicken Masala Rice
25	Vegetable Biryani Rice (Veg)
26	Beef Keema Rice
27	Chicken Biryani Rice
28	Beef Kofta Rice
29	Chicken Makhani Rice
30	Beef Keema Curry Rice

Vegetarian options are marked (Veg). Please share dietary requirements and allergies in advance.

MAIN MEAL SELECTION

East Asian Menu

Sample 30-service-day rotation. Final meals and delivery dates are agreed before service begins.

Day	Main meal
1	Chicken Adobo Rice
2	Mongolian Beef Rice
3	Sweet & Sour Chicken Rice
4	Vegetable Fried Rice (Veg)
5	Beef Black Pepper Rice
6	Chicken Teriyaki Rice
7	Chicken Chow Mein
8	Chicken Afritada Rice
9	Beef Oyster Sauce Rice
10	Chicken Fried Rice
11	Vegetable Noodles (Veg)
12	Mongolian Chicken Rice
13	Beef Garlic Rice
14	Chicken Hakka Noodles
15	Chicken Inasal Rice
16	Beef Ginger Rice
17	Orange Chicken Rice
18	Stir-Fried Mixed Vegetables Rice (Veg)
19	Beef Broccoli Rice
20	Chicken Canton Noodles
21	Sweet Chili Chicken Rice
22	Chicken Adobo Rice
23	Mongolian Beef Rice
24	Chicken Yakisoba Noodles
25	Vegetable Lo Mein (Veg)
26	Beef Fried Rice
27	Chicken Black Pepper Rice
28	Garlic Chicken Rice
29	Beef Teriyaki Rice
30	Shanghai Chicken Rice

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MAIN MEAL SELECTION

African Menu

Sample 30-service-day rotation. Final meals and delivery dates are agreed before service begins.

Day	Main meal
1	Grilled Chicken with Rice & Mixed Vegetables
2	Beef Stew with Rice
3	Chicken Curry with Rice
4	Vegetable Curry with Rice (Veg)
5	Beef Masala with Rice
6	Roasted Chicken with Rice & Green Peas
7	Beef Meatballs with Rice & Gravy
8	Chicken Paprika with Rice
9	Beef Mushroom Stew with Rice
10	Grilled Chicken with Rice & Potatoes
11	Mixed Vegetable Rice (Veg)
12	Beef Curry with Rice
13	Garlic Chicken with Rice
14	Beef Meatballs in Tomato Sauce with Rice
15	Herb Chicken with Rice
16	Beef Stew with Rice & Carrots
17	Chicken Masala with Rice
18	Vegetable Biryani Rice (Veg)
19	Beef Gravy with Rice
20	Roasted Chicken with Rice & Vegetables
21	Beef Meatballs with Rice
22	Lemon Chicken with Rice
23	Beef Curry with Rice
24	Grilled Chicken with Rice & Green Peas
25	Vegetable Fried Rice (Veg)
26	Beef Stew with Rice
27	Chicken Paprika with Rice
28	Beef Meatballs in Brown Sauce with Rice
29	Garlic Chicken with Rice
30	Beef Masala with Rice

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MAIN MEAL SELECTION

Arabic Menu

Sample 30-service-day rotation. Final meals and delivery dates are agreed before service begins.

Day	Main meal
1	Chicken Machboos
2	Beef Ghouzi Rice
3	Chicken Mandi
4	Vegetable Machboos Rice (Veg)
5	Chicken Biryani
6	Bahraini Beef Harees
7	Chicken Bukhari
8	Chicken Mathrooba
9	Beef Dawood Basha Rice
10	Chicken Mandi
11	Vegetable Biryani Rice (Veg)
12	Beef Bamia Rice
13	Chicken Machboos
14	Beef Ghouzi Rice
15	Chicken Biryani
16	Beef Mathrooba
17	Chicken Bukhari
18	Vegetable Rice (Veg)
19	Bahraini Beef Harees
20	Chicken Mandi
21	Beef Majboos
22	Chicken Mathrooba
23	Beef Dawood Basha Rice
24	Chicken Machboos
25	Vegetable Machboos Rice (Veg)
26	Beef Bamia Rice
27	Chicken Biryani
28	Beef Ghouzi Rice
29	Chicken Bukhari
30	Chicken Mandi

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MAIN MEAL SELECTION

European Menu

Sample 30-service-day rotation. Final meals and delivery dates are agreed before service begins.

Day	Main meal
1	Chicken Alfredo Penne
2	Beef Stroganoff with Rice
3	Grilled Herb Chicken with Rice
4	Penne Primavera (Veg)
5	Chicken Mushroom Penne
6	Beef Meatballs in Mushroom Sauce with Rice
7	Lemon Herb Chicken with Rice
8	Chicken Arrabbiata Penne
9	Beef Stew with Rice
10	Garlic Butter Chicken with Rice
11	Vegetable Pasta Bake (Veg)
12	Chicken White Sauce Penne
13	Swedish Beef Meatballs with Rice
14	Paprika Chicken with Rice
15	Chicken Creamy Mushroom Penne
16	Beef Pepper Steak with Rice
17	Herb Roasted Chicken with Rice
18	Mediterranean Vegetable Rice (Veg)
19	Chicken Pesto Penne
20	Beef Meatballs in Brown Gravy with Rice
21	Chicken Casserole with Rice
22	Chicken Parmesan Penne
23	Beef Stroganoff with Rice
24	Grilled Garlic Chicken with Rice
25	Ratatouille with Rice (Veg)
26	Chicken Alfredo Penne
27	Beef Stew with Rice
28	Lemon Pepper Chicken with Rice
29	Chicken Mushroom Penne
30	Beef Meatballs with Rice

Vegetarian options are marked (Veg). Please share dietary requirements and allergies in advance.

SALAD SELECTION

Fresh Salad Options

Five side salad options for packages that include salad. No added meat, chicken or fish.

Salad	Description
Tabbouleh	Parsley, tomato and bulgur with lemon dressing.
Green salad	Lettuce, cucumber and tomato with a light dressing.
Olive salad	Olives, cucumber and tomato with lemon dressing.
Chickpea salad	Chickpeas, cucumber and tomato with lemon dressing.
Cabbage & carrot salad	Shredded cabbage and carrot with a light lemon dressing.

Selection & serving

Salad choices are agreed alongside the main meal schedule. Packages that include salad and water provide one individual side salad and one bottle of water per person per service day.

Please tell us about allergies before confirming your selection.

DESSERT SELECTION

A Sweet Finish

Dessert options for the main meal + salad + water + dessert package. One individual portion per person per service day.

Dessert	Selection
Crinkles	Multiple flavours from the available bakery range.
Cakes	Multiple flavours from the available bakery range.
Cookies	Available bakery varieties.
Brownies	Individual brownie portions.
Crème caramel	Individual portions.

Plan your menu

Dessert types and available flavours are confirmed before service and included in the agreed meal schedule. Please advise any allergies before selection.

Meal packages to suit your team

Share your headcount, budget, delivery location and preferred start date. Contact us to agree your menu and request a quotation.